

Youth and Mental health 2022

F1. State Name: _____

F2. Field Investigator's Roll no.: _____

F3. Field Investigator's Name: _____

F4. Area/Location:

1. Village
2. Town (1-5 Lakh population)
3. Small city (5-10 Lakh population)
4. Big city (Population above 10 Lakh)

F5. Name of location: _____

F5a. **(If 2, 3 or 4 in F4)** Type of Location

1. Poor
2. Lower
3. Middle
4. Upper

F6. Respondent Number: _____

Field Investigator's Introduction & taking the respondent's informed consent:

Hello, my name is _____ and I am a student of **(give name of your university)**. I have come from the Centre for the Study of Developing Societies (CSDS), a research organization located in Delhi. We are studying the opinions and attitudes of Indian youth, for which we will interview hundreds of young people across the country. The findings of the research will be used for writing articles and for academic purposes. This survey is an independent study and is not linked with any political party or government agency. The interview will take about **25 to 30 minutes**. Kindly spare some time for this interview and answer my questions honestly as I need your active cooperation to make this study successful. Your identity will be kept strictly confidential.

F7. May I begin the interview now?

1. Yes
2. No (*Stop the conversation and go to another house*)

Z1. What is your name _____ 98. Did not tell

Z2. What is your age? _____ (years) (*Should be between 15 to 34 years*).

Z3. Gender

1. Male
2. Female
3. Other

Z4Are you married?

1. Yes
2. Yes, Widowed
3. Yes, but Separated
4. Yes but Divorced
5. No, Single/Unmarried
98. Did not respond

Q1. In your opinion, what is the biggest problem in India today? (*First note down the exact answer in the space provided and then click on the closest option from all the option available*)

- _____
01. Unemployment
 02. Poverty
 03. High population
 04. Corruption/scam

05. Price rise /inflation
06. Lack of development
07. Poor roads or transportation etc.
08. Poor economic growth
09. Lack of good governance
10. Drinking water
11. Electricity
12. Health services
13. Education
14. Farmer distress
15. Communalism/lack of religious harmony
16. Casteism
17. Discrimination against women
18. Crimes against women
19. Crime/poor law and order
20. Terrorism
21. Reservation system
22. Lack of cleanliness, sanitation
23. Intolerance
24. Dynastic politics/nepotism
25. Environmental issues
26. Black money problem
27. Alcoholism/drug addiction
28. Exam paper leaks/SSC leaks/CBSE leaks
29. NarendraModi government is the biggest problem
30. Opposition is the biggest problem
31. Difficulties in Online Education
97. Other issue not mentioned above (Specify) _____
98. Can't say (**Go straight to Q2**)

Q1a. According to you, which party is **best** for addressing this problem? (*First note down the exact answer in the space provided and then click on the option from all the option available*)

-
1. Congress/INC
 2. BJP
 3. CPI/CPI (M)/Left parties
 4. Trinamool Congress/AITC
 5. AAP
 6. BSP
 7. Samajwadi Party/SP
 8. BijuJanata Dal/BJD
 9. JDU
 10. RJD
 11. DMK
 12. AIADMK
 13. YSRCP
 14. TRS
 15. Shiv Sena
 16. NCP
 17. JDS
 18. ShiromaniAkali Dal/SAD
 19. JJP
 20. INLD
 21. RLD
 22. AGP
 23. TDP
 90. Any other party/regional party
 91. Independent
 92. No party
 97. Difficult to say
 - 98 No response
 99. NA

Q2. Up to what level have you studied? (*Do not read the answer categories*)

- 00. Non-Literate/never gone to school
- 01. Below Primary
- 02. Primary pass/ Middle fail
- 03. Middle pass but matric fail
- 04. Matric pass (did not study after class 10)
- 05. Intermediate/ College but no degree
- 06. Graduate/pursuing graduation
- 07. Post Graduate
- 08. Professional Degrees: CA, MBA, LLB, MBBS etc
- 09. Higher Research/PhD
- 97. Any Other (Specify) _____
- 98. No response

Q3. (*If option 1 to 97 in Q2*) What have you studied/ are you studying? (*Do not read the answer categories*)

- 01. Arts and humanities
- 02. Science
- 03. Engineering/Technology
- 04. Law
- 05. Commerce or Management
- 06. Agriculture
- 07. Medicine
- 08. Other vocational courses
- 09. All subjects
- 97. Any Other (Specify) _____
- 98. No response
- 99. Not applicable

Q4. (If option 1 to 97 in Q3) What is/was the main reason for you to choose this field of study? (*First note down the exact option in the space provided and then click on the option from all the option available*)

-
- 01. Interested in the Field
 - 02. Good job opportunities
 - 03. Parents wanted me to do this
 - 04. My friends were doing this
 - 05. Did not get admission in my choice of field
 - 06. Affordability/not very costly
 - 07. It was easy to enroll or get admission
 - 08. Institute was close to my house
 - 09. Only option in my institution
 - 97. Any other (Specify) _____
 - 98. No response
 - 99. Not applicable

Q5. (*If option 1 to 97 in Q2*) Was the school where you spent majority of your school years, a government or private school? (*In case the respondent has studied in both, then ask for where they spent most of their schooling years*)

- 1. Government
- 2. Private
- 97. Other _____ (*specify*)
- 98. Don't know (DK)
- 99. Not applicable (NA)

Q6. (*If option 6 to 9 in Q2*) Is the college/university that you went to or go to, a government college or a private college? (*Ask on the basis of highest educational attained*)

- 1. Government
- 2. Private
- 97. Other _____ (*specify*)
- 98. Don't know (DK)
- 99. Not applicable

Q7. During COVID-19, were you studying or earning? (*Do not read the answer categories*)

1. Studying
2. Earning
3. Doing both
4. Neither studying nor earning
5. Completed studies
6. Was looking for employment
98. No response

Q8. *(If options 1 or 3 in Q7)* How often did you have to miss an online class due to unavailability of the following things- Often sometimes, rarely or never?

1. Often 2. Sometimes 3. Rarely 4. Never 98. Did not respond 99. NA

- a. Lack of a device (Computer/Laptop/ Tab/ Phone)
- b. Poor Internet connectivity
- c. Frequent power cuts
- d. High data pack cost
- e. Technical issues
- f. Separate (quiet) space in your house

Q9. *(If options 1 or 3 in Q7)* And what about these? How often did you face these issues while keeping up with online classes- always, sometimes, rarely or never?

1. Always 2. Sometimes 3. Rarely 4. Never 98. NR 99. NA

- a. Distraction or disturbances at home
- b. Disinterested in online classes
- c. Difficulty in understanding online lectures
- d. Unease and discomfort in using video projection, microphones, and speakers

Q10. *(If options 1 or 3 in Q7)* In the last two years, how much did you worry about these things- a lot, some worry, not much, Not at all?

1. A lot 2. Some worry 3. Not much 4. Not at all 98. Can't say 99. NA

- a. Loss of studies in the lockdown
- b. Online mode of examination
- c. Inability to understand lectures
- d. Non-availability of gadgets such as phone, tab, computer/internet connection

Q11. *(If option 1 or 3 in Q7)* Overall, how difficult was it for you to study during lockdown- very difficult, somewhat difficult, not much difficult or not at all difficult?

1. Very difficult
2. Somewhat difficult
3. Not much difficult
4. Not at all difficult
98. NR
99. NA

Q12. Do you have any child below 18 years in your household.....?

1. Yes 2. No 98. NR 99. NA

- a. Who is of school going age but till date has not enrolled in any school?
- b. Whose studies have stopped completely for the last one or two years for not having a computer or a phone?
- c. Who had to leave his/her schooling midway due to some reason?
- d. Who works to earn money along with studies?
- e. Who has left his/her studies and is now working to earn money?

Q13. What according to you, was the **main** obstacle with regards to education during the pandemic? (*Note down the exact answer given by the respondents. Post coding will be done at CSDS*) _____ 98. No response/can't say

Q14. (*If option 1 or 3 in Q7*) As most of the educational institutions have now reopened and offline learning has resumed, how do you feel about the following- very good, somewhat good, not so good or not at all good?

1. Very good 2. Somewhat good 3. Not so good 4. Not at all good 98. NR 99 NA

- a. Going to your school/college/university
- b. Getting back to the old routine
- c. Appearing in offline exams
- d. Meeting friends in your class

Z5. What is your main occupation? (*Note down the response and then click on suitable option below. If student or housewife, then note down that as well*) _____

01. Higher Professionals: Engineers, Doctors, Lawyers, Chartered Accountants, Professors etc.

02. Lower Professionals: Computer Operator, Data Entry, Ayurvedic Doctor, Nurse, School Teacher, Tutor, Priest, Astrologer, NGO worker etc.

03. Government Managerial job: Manager, Director, Executive, MP, MLA etc.

04. Government Administrative job: First-Second Class Officer, Major in Army, Colonel, Brigadier, Police Inspector

05. Government Clerical Jobs: Class III Officers, Clerk, Typist, Army Jawan, Police Constable etc.

06. Government Class IV: Peon, Postman, Gram Sevak, Amin, Safai Karamchari etc.

07. Big and Medium Traders: Big Shopkeepers, Factory Owners, Hotel Owners, Petrol Pumps, Taxi Owners, Big Travel Agency, Small Hotels, Property Dealers, Jewelers etc.

08. Small Trader: Grocery Shop, Small Travel Agency, Phone Booth, Broker, Parlour, Rickshaw Owner, Landlord

09. Small/Temporary Business: Temporary Shopkeeper, Sales Man, Delivery Boy, Shop Assistant etc.

10. Service/Service Area: Cook, Waiter, Washerman, Barber, Domestic Servant, Chowkidar, Private Guard, Safai Karamchari etc.

11. Skilled Workers: Driver, Mechanic, Electrician, Plumber, Jeweler, Tailor, Cobbler, Carpenter, Sailor

12. Semi-skilled workers: Artisans, bricklayers, potters, stone cutters, furniture, basketry, mat makers etc.

13. Wage labourer: Rickshaw pullers, loaders, construction workers etc.

14. Farmer: tilling own land or someone else's land

15. Agricultural Labourer: Landless farm labourers

16. Dairy/Fish/Poultry/Animal Husbandry work

17. Student but doing part time job

18. Housewife / househusband but doing part time job
19. Student
20. Housewife / househusband
21. Unemployed or looking for employment
97. Any other work (*specify*) _____
98. Did not tell

Z5a. Are you the main earner of the family?

1. Yes
2. No

Z5b. (*If option 2 in Z5a*) What is the occupation of the main earner of the household? (**Note down the response and then click on suitable option below; if retired, try to ascertain his/her previous occupation**) _____

01. **Higher Professionals:** Engineers, Doctors, Lawyers, Chartered Accountants, Professors etc.
02. **Lower Professionals:** Computer Operator, Data Entry, Ayurvedic Doctor, Nurse, School Teacher, Tutor, Priest, Astrologer, NGO worker etc.
03. **Government Managerial job:** Manager, Director, Executive, MP, MLA etc.
04. **Government Administrative job:** First-Second Class Officer, Major in Army, Colonel, Brigadier, Police Inspector
05. **Government Clerical Jobs:** Class III Officers, Clerk, Typist, Army Jawan, Police Constable etc.
06. **Government Class IV:** Peon, Postman, Gram Sevak, Amin, SafaiKaramchari etc.
07. **Big and Medium Traders:** Big Shopkeepers, Factory Owners, Hotel Owners, Petrol Pumps, Taxi Owners, Big Travel Agency, Small Hotels, Property Dealers, Jewelers etc.
08. **Small Trader:** Grocery Shop, Small Travel Agency, Phone Booth, Broker, Parlour, Rickshaw Owner, Landlord
09. **Small/Temporary Business:** Temporary Shopkeeper, Sales Man, Delivery Boy, Shop Assistant etc.
10. **Service/Service Area:** Cook, Waiter, Washerman, Barber, Domestic Servant, Chowkidar, Private Guard, SafaiKaramchari etc.
11. **Skilled Workers:** Driver, Mechanic, Electrician, Plumber, Jeweler, Tailor, Cobbler, Carpenter, Sailor
12. **Semi-skilled workers:** Artisans, bricklayers, potters, stone cutters, furniture, basketry, mat makers etc.
13. **Wage labourer:** Rickshaw pullers, loaders, construction workers etc.
14. **Farmer:** tilling own land or someone else's land
15. **Agricultural Labourer:** Landless farm labourers
16. **Dairy/Fish/Poultry/Animal Husbandry work**
17. **Student (maybe working part time)**
18. **Housewife / Househusband / Live at home (maybe doing some small work to earn some money)**
19. **Unemployed or looking for employment**
97. **Any other work (*specify*) _____**
98. **Did not tell**
99. **NA**

Q15. (*Skip the question if options 19,20 or 21 in Z5*) What was the main reason for choosing this job/employment??
(*First note down the exact answer in the space provided and then click on the option from all the option available*) _____

01. I was interested in this job
02. Good salary
03. It was as per my qualification
04. Profession is relatively modern
05. Only available option
06. Parents/relatives/friends advised me
07. I got the job easily
08. My family business
09. Job place was close to my home
10. Social status associated with the job
11. Job security
12. Common choice of peers
13. Career growth prospects
14. Gender suitable job
15. Safety
16. Manageable along with studies
97. Other reasons (*Specify*) _____
98. No response
99. Not applicable

Q16. If you had to choose from the following, what kind of a job would you choose- a government job, a private job or your own business/work?

1. Government job
 2. Private Job
 3. Own business/work
 4. Do not want to work
98. CS

Q17. Think of three different families, where the main earner of one family is in a government job, one in private and one is self-employed. According to you, which family suffered the most during COVID times- the one in government job, private job or **that who is** running his/her own business?

1. Government job
 2. Private Job
 3. Self-employed
98. Can't say

Q18. (*Skip the question if options 19,20 or 21 in Z5*) Which of the following best describes your current employment status? (*Read 1 to 3 statements*)

1. I am working in the same job as I was before the COVID
 2. I have changed jobs since the COVID outbreak
 3. Was not employed before the COVID outbreak
98. No response
99. Not applicable

Q19. (*Skip the question if options 19,20 or 21 in Z5*) How helpful will **your present** job be for the kind of life you want to live in the future – quite a lot, to some extent, not much or not at all?

1. Quite a lot
 2. Helpful to some extent
 3. Not much
 4. Not at all helpful
98. Can't say
99. Not applicable

Q20. If you had the complete freedom to choose your occupation, which occupation would you have chosen? (*First note down the exact answer in the space provided and then click on the correct option from all the option available*)

-
01. Scientist
 02. Engineer
 03. Software engineer
 04. Doctor
 05. Nurse
 06. Health Sector
 07. Lawyers
 08. Judge/Magistrate
 09. Banking Sector
 10. CA (Chartered Account) Accountant
 11. MBA
 12. Professor
 13. Teacher
 14. Writer/Author/Poet
 15. Pilot
 16. Air Hostess/flight steward
 17. Computer Operator
 18. Civil services (Bureaucrat)
 19. Police
 20. Defense service-army/navy/air force
 21. BDO (Block Development Officer)
 22. Post Office/Postal Sector
 23. Own Business
 24. Government Job
 25. Private Job
 26. Restaurant owner
 27. Beautician
 28. Transport Business/Travel Agency

29. Driver
30. Clerk
31. Tailor
32. Field work/Travelling
33. Supervisor
34. Peon
35. Marketing
36. Electrician
37. Mechanic/Repairing work
38. Actor/Actress
39. Fashion Designer
40. Dancer
41. Musicians/Singer
42. Cook/chef
43. Sports person
44. Interior designer
45. Architect
46. Social Activist
47. Palmists/Astrologer
48. Political Leader
49. Journalist/Media
50. Farmer
51. Dairy Farming
52. Poultry farming
96. Current Job
97. Any Other (*Specify*) _____
98. No response
99. Do not want to work/NA

Q21. (*Skip the question if options 19, 20 or 21 in Z5*) Would you say that, most of your responsibilities at your job - can be done from home or cannot be done from home?

1. Can be done from home
2. Cannot be done from home
98. Did not respond
99. NA

Q22. (*If option 2 or 3 in Q7*) During the lockdown period, did you always work from home, worked most of the time, sometimes, rarely or never?

1. Always
2. Most of the time
3. Some of the time
4. Rarely
5. Never
6. Nature of my job had no scope for work from home
98. No response
99. NA

Q23. (*If options 1 to 4 in Q22*) While working from home during the COVID lockdown, how often did these things apply to you-At most times, sometimes, rarely or never?

1. At most times 2. Sometimes 3. Rarely 4. Never 98. No Response 99 NA

- a. There was more time for leisure
- b. More time for family
- c. Could work more efficiently
- d. Insufficient time to look after dependents (children/old age/ those having health issues)

Q24. (*If option 2 or 3 in Q7*) In the last 2 years, did you ever face any of these issues?

1. Yes 2. No 98. NR 99. NA

- a. No salary
- b. Partial reduction in salary

Q25. (*If option 2 or 3 in Q7*) For each of these things, please tell as to what extent you worried about them in the last two years- to a great extent, some extent, not much or not at all. **1. Great extent 2. Some extent 3. Not much**

4. Not at all 98. NR 99. NA

- a. Workload

- b. Salary/income related worry
- c. Fear of losing job/employment

Q26. Thinking of the last two years, did you or any of your family members.....

1. Yes 2. No 98. Did not respond

- a. Have trouble paying for medical care for yourself or your family
- b. Have problems paying your rent
- c. Borrowed money from friends or relatives
- d. Used most of the money from your savings

Q27. If you compare your family income of the last two years with what it was before that, would you say that overall your family income has increased or decreased? (*Probe further whether substantially or slightly increased or decreased*)

- 1. Substantially increased
- 2. Slightly increased
- 3. No difference
- 4. Slightly decreased
- 5. Substantially decreased
- 98. Did not respond

Q28. Whom were you living with during the lockdown? (*Do not read answer categories*)

- 1. With family members, including siblings
- 2. With family members, excluding siblings
- 3. Within- laws and spouse (with or without children)
- 4. With life partner, Including children (but excluding in laws)
- 5. With life partner, excluding children (but excluding in laws)
- 6. Was living with friends/companion
- 7. Lived in a Hostel
- 8. Alone
- 97. Any other (*specify*) _____
- 98. Did not respond

Q29. During the lockdown did the following things increased or decreased in your family?

1. Increased 2. Remained same 3. Decreased 98. NR 99. NA

- a. Arguments among family members
- b. Sharing household responsibilities
- c. Domestic abuse
- d. Strong family bond

Q30. And what about your bond with these people? Overall, would you say that in the last 2 years, your bond with them –has strengthened from before, is the same as before, weakened to some extent or weakened a lot?

1. Strengthened from before 2. Same as before 3. Weakened to some extent 4. Weakened a lot 98. Can't say 99. NA

- a. Friends
- b. Siblings
- c. Mother
- d. Spouse (*if married*)
- e. Father
- f. Children
- g. Boyfriend/girlfriend
- h. Colleagues

Q31. Which class does your family belong to- lower class, middle class or upper class?

- 1. Lower class
- 2. Middle class
- 3. Upper Class
- 4. Poor class (*only if someone says so*)
- 98. Can't say

Q32. I will ask you about some lifestyle-related behavior before and at the time of COVID-19. For each, please tell me how these have changed pre-lock down and during lockdown (*read all the answer categories except no response for each of them*)

Pre lockdown During lockdown

- a. What time did/ do you usually sleep?

1. Between 8 and 10 pm
 2. Between 10 pm and 12 am
 3. Later than 12 am
 98. NR
- b. *What time did/ do you usually wake up?*
1. Before 6 am
 2. Between 6–7 am
 3. Between 7–9 am
 4. After 9 am
 98. NR
- c. *How long do you take to sleep after lying in the bed*
1. I sleep in a few minutes
 2. Between 30 min to 60 minutes
 3. More than 60 minutes
 98. NR
- d. *How many meals a day*
1. Thrice a day
 2. Twice a day
 3. Once a day
 4. Not fixed
 98. NR
- e. Consumption of fast food like pizza, burger, pasta or noodle as snacks or meals
1. Not routinely /never
 2. Once or twice a week
 3. Thrice to four a week
 4. Five to six a week
 5. Almost daily
 98. NR
- f. Exercising/ walking
1. Not routinely /never
 2. Once to twice a week
 3. Thrice to four times a week
 4. Five to six times a week
 5. Almost daily
 98. NR
- g. *Consumption of Alcohol*
0. Don't drink
 1. On special occasions
 2. Weekends
 3. More than twice a week
 4. Almost daily
 98. NR
- h. *Smoking*
0. Don't smoke
 1. One to two cigarettes per day
 2. Three to four cigarettes per day
 3. More than 4 cigarettes a day
 98. NR

Q33. And what about these.....*(read all the answer categories except no response for each of them)*

Pre lockdown	During lockdown
---------------------	------------------------

a. *Watching television/ screen time for entertainment*

0. Never
1. Less than an hour
2. Between 1-3 hours
3. Between 3-5 hours
4. More than 5 hours
98. NR

b. *Use of Social media (FB, Twitter, WhatsApp)*

0. Never
1. Less than an hour

2. Between 1-3 hours
3. Between 3-5 hours
4. More than 5 hours.
98. NR

Z6. Which religion do you belong to?

1. Hindu
2. Muslim
3. Christian
4. Sikh
5. Buddhist/Neo-Buddhist
6. Jain
7. Parsi
97. Other religion (specify) _____
99. Atheist

Q34. I will now ask you about some religious activities. Thinking about you, please tell me whether the frequency of these activities increased or decreased during the lockdown. (*read the answer categories for each of them and ask according to the religion*)

1. Increased 2. Remained Same 3. Decreased 98. No Response

- a. Doing puja/namaz/prayer/path
- b. Doing bhajan/kirtan/satsang
- c. Keeping vrats/upwaas/rozas/fasts
- d. Going to temple/mosque/church/gurudwara/other religious places
- e. Watching religious shows on TV
- f. Reading a religious book

Q35. If you compare your participation in religious activities during lockdown with what it was before lockdown, would you say that during the lockdown your participation in religious activities has increased or decreased?

1. Increased
2. Remained the same
3. Decreased
98. Did not respond

Q36. Thinking of the last two years, which of the following applies to you: -

1. Yes 2. No 3. Not tested 98. NR

- a. **You** were tested positive for COVID
- b. Someone in **your** family was tested positive for COVID
- c. **Your** close ones were hospitalized due to COVID
- d. You had friends or family members or someone close to you who lost their lives due to COVID

Q37. Do you have health insurance?

1. Yes
2. No

Q37a. (*If option 2 in Q37*) Is there any specific reason that you do not have a health insurance? (*First note down the exact answer in the space provided and then click on the correct option from all the options available*)

-
1. Economic reasons
 2. Have health insurance but I haven't yet renewed it
 3. Its waste of money/no benefits
 4. Planning to get one
 5. Lack of information
 97. Any other _____ (**specify**)
 98. No response
 99. NA

Q37b. (*If option 1 in Q37*) Did you always have health insurance, or you only got it after the COVID pandemic?

1. Always
2. After the pandemic
98. No Response
99. NA

Q38. Thinking of the COVID 19, How much did you worry regarding the following things- quite alot, somewhat, very little or not at all?

1. Quite a lot 2. Somewhat 3. Very little 4. Not at all 98. NR

- a. Worried about contracting COVID
- b. Worried about family and loved ones falling ill.
- c. Worried about running out of food, medicine, and/or supplies
- d. Worried about Personal finances

Q39. The feeling of being lost and lonely is normal when people spend a lot of time alone. Thinking about the last 2 years, did you observe an increase or decrease in these emotions (*Probe further whether significant or slight increase/decrease*)

**1. Significant increase 2. Slight increase 3. Same as Before 4. Slight decrease
5. Significant decrease 98. NR**

- a. Anger
- b. Nervousness/anxiousness
- c. Sadness
- d. Depression
- e. Frustration

Q40. And what about these, In the last two years, how often did you feel this way – always, sometimes, rarely or never?

1. Always 2. Sometimes 3. Rarely 4. Never 98. NR

- a. Were in a cheerful and in a good mood
- b. Were active
- c. Were calm and relaxed
- d. Were hopeful about the future
- e. Had faith in God

Q41. Thinking about the last 2 years did you observe an increase or decrease in these emotions? (*Probe further whether significant or slight increase/decrease*)

1. Significant increase 2. Slight increase 3. Same as Before 4. Slight decrease 5. Significant decrease 98. NR

- a. Loneliness
- b. General fear
- c. Fear of death
- d. Pain (headache, body pain etc.)
- e. Mood swings
- f. Fatigue
- g. Need to stay alone.

Q42. Looking at your social media usage activity during the lockdown, tell me to what extent this applied to you – to a great extent, to some extent, not much or not at all.

1. Great extent 2. Some extent 3 Not much 4. Not at all 98. NR 99. NA

- a. Your social media usage declined a lot during the lockdown
- b. Due to social media, you felt even more connected to other people
- c. Social Media reduced your stress
- d. You became even more unhappy with the use of social media
- e. Social media helped you get through the pandemic

Q43. “Whenever there is a clash between science and religion, religion is always right”. Do you agree or disagree with these statements? (*If agree then ask further whether fully or somewhat. If disagree then ask whether fully or somewhat*)

- 1. Fully Agree
- 2. Somewhat Agree
- 3. Somewhat Disagree
- 4. Fully Disagree
- 98. No response

Q44. Before the first lockdown, were you struggling with any mental health difficulties?

- 1. Yes
- 2. No
- 98. Don't want to reveal

Q45. In the last 2 years, how often did you have thoughts of hurting yourself or ending your life- often, sometimes, rarely or never?

- 1. Often
- 2. Sometimes
- 3. Rarely
- 4 Never
- 98. Did not answer

Q46. Thinking about the last two years, did you ever visit a mental health professional, counselor or psychiatrist for any mental health difficulties?

- 1. Yes
- 2. No
- 98. No response

Q47. In the last two years, how many times did you need to take medicine to go off to sleep- often, sometimes, rarely or never?

- 1. Often
- 2. Sometimes
- 3. Rarely
- 4 Never
- 98. Did not answer

Q48. How would you describe your overall mental health during the pandemic? Did it improve or deteriorate?

- 1. Improved
- 2. Deteriorated
- 3. Remained same
- 98. Can't say

Q49. While talking to people about COVID-19 it was found that many people got fearful about the pandemic and did various things to help overcome the stress that came with it. Thinking about yourself, please tell me if you or any of your family members did the following-

1. Yes 2. No 98 NR

- a. A special puja/path/prayers to cope with the pandemic
- b. Practice Yoga
- c. Went on a pilgrimage
- d. Wore a holy thread/ ring/any other item for your safety

Q50. Suppose you come across a situation in your life where you are struggling with something emotional, like depression, anxiety, or thoughts of ending your life, who are you most likely to approach for help? ***First note down the exact answer in the space provided and then click on the closest option from all the options available***

-
- 1. Mother
 - 2. Father
 - 3. Siblings
 - 4. In-laws
 - 5. Spouse
 - 6. Relatives
 - 7. Friends
 - 8. Colleagues
 - 9. Religious/spiritual leader (guru/baba/tantric)

- 10. Counselor/doctor
- 11. No one
- 97. Other _____(specify)
- 98. No response

Q51. Are you satisfied or dissatisfied with the way the government responded to the COVID-19 pandemic? - (**Probe further whether 'fully' or 'somewhat' satisfied or dissatisfied**).

- 1. Fully satisfied
- 2. Somewhat satisfied
- 3. Somewhat dissatisfied
- 4. Fully dissatisfied
- 98. NR

Q52. How often do you do the following things – many times a day, sometimes during the day, rarely or never?

1. Many times a day 2. Sometimes 3. Rarely 4. Never 99. Do not have account

- a. Use Facebook
- b. Use Twitter
- c. Use WhatsApp
- d. Watch videos on YouTube
- e. Take selfies on your phone
- f. Play video games
- g. Use Instagram

Q53. Whenever you used social media during the last two years, how did you feel about it?

a. social media is **reliable/trustworthy** or it **cannot be trusted**?

- 1. Reliable/trustworthy
- 2. Cannot be trusted
- 98. Can't Say
- 99. NA

b. Social media made you feel **confident** or **insecure**?

- 1. Confident
- 2. Insecure
- 98. Can't Say
- 99. NA

Q54. Thinking about the groups or forums online where you spent time during the lockdown did any of them focus on... **1 Yes 2. No 98. CS 99. NA**

- a. Hobbies, including gaming
- b. Humor
- c. Physical Health and wellness
- d. Religion
- e. Dating and relationships
- f. Meditation and mental well being

Q55. Are you satisfied or dissatisfied with the performance of the BJP-led NDA government at the Centre over the last three years? (**Probe further whether 'fully' or 'somewhat' satisfied or dissatisfied**).

- 1. Fully satisfied
- 2. Somewhat satisfied
- 3. Somewhat dissatisfied
- 4. Fully dissatisfied
- 98. NR

Q56. Now I will talk about few issues. For each, please tell me to what extent has the BJP government been successful in solving them-- To a great extent, some extent, not much or not at all? **1. Great extent 2. Some extent 3. Not much 4. Not at all 98. No response**

- a. Price rise
- b. Unemployment
- c. Improving the educational system

Q57. Who would you prefer as the next Prime Minister of India? (**First note down the exact answer in the space provided and then click on the closest option from all the option available**)

1. NarendraModi
2. Rahul Gandhi
3. Amit Shah
4. Yogi Adityanath
5. Sonia Gandhi
6. Mamata Banerjee
7. ArvindKejriwal
8. AkhileshYadav
9. Mayawati
10. Naveen Patnaik
11. Nitish Kumar
12. TejashwiYadav
13. PinarayiVijayan
14. K.Chandrashekhara Rao
15. SharadPawar
90. Any other leader_____ (*specify*)
91. Anyone can become
92. No one
97. Difficult to say
98. No response

Q58. Who among the leaders of the opposition parties, can challenge PM NarendraModi in the upcoming Lok Sabha elections? *First note down the exact answer in the space provided and then click on the closest option from all the option available)*

1. ArvindKejriwal
2. Rahul Gandhi
3. Priyanka Gandhi
4. Sonia Gandhi
5. Mamata Banerjee
6. AkhileshYadav
7. Mayawati
8. Naveen Patnaik
9. Nitish Kumar
10. TejashwiYadav
11. M K Stalin
12. PinarayiVijayan
13. Y S Jagan Reddy
14. K Chandrashekhara Rao
15. SharadPawar
90. Any other leader_____ (*specify*)
91. Anyone can challenge
92. No one
97. Difficult to say
98. No response

Q59. In your opinion, how successful has the BJP government been in meeting whatever expectations you had from the government- to a great extent, to some extent, not much or not at all?

1. To a great extent
2. To some extent
3. not much
4. Not at all
98. No response

Z6a. What is your caste group?

1. Scheduled Caste (SC)
2. Scheduled Tribe (ST)
3. Other Backward Classes (OBC)
4. Other/General caste
98. Did not tell

Z6b. What is your Caste/Jati-biradari/Tribe name? (*Note down the response and then click on suitable option below*)

-
1. Brahmin
 2. Other Upper caste
 3. Peasant Proprietors
 4. Upper OBCs
 5. Service OBC
 6. SCs
 7. STs
 8. Muslims
 9. Sikhs
 10. Christians
 97. Other (*specify*) _____
 98. No response

Z7a. Upto what level has your father studied? (*Do not read the answer categories*)

00. Non-Literate/never gone to school
01. Below Primary
02. Primary pass/ Middle fail
03. Middle pass but matric fail
04. Matric pass (did not study after class 10)
05. Intermediate/ College but no degree
06. Graduate/pursuing graduation
07. Post Graduate
08. Professional Degrees: CA, MBA, LLB, MBBS etc
09. Higher Research/PhD
97. Any Other (*Specify*) _____
98. No response

Z7b. Up to what level has your mother studied? (*Do not read the answer categories*)

00. Non-Literate/never gone to school
01. Below Primary
02. Primary pass/ Middle fail
03. Middle pass but matric fail
04. Matric pass (did not study after class 10)
05. Intermediate/ College but no degree
06. Graduate/pursuing graduation
07. Post Graduate
08. Professional Degrees: CA, MBA, LLB, MBBS etc
09. Higher Research/PhD
97. Any Other (Specify) _____
98. No response

Z8a. (*If option 2, 3 & 4 in F4*) What kind of house does the respondent live in? (*Try to decide for yourself, if possible don't ask*)

0. In a PG
1. House/Flat/Bungalow
2. House/Flat with 5 or more rooms
3. House/Flat with 4 rooms
4. Houses/Flat with 3 rooms
5. Houses/Flat with 2 rooms
6. House with 1 room
7. Mainly Kutch house
8. Slum/Jhuggi/Jhopri
99. NA.

Z8b. *(If option 1 in F4)* What kind of house does the respondent live in? *(Try to decide for yourself, if possible don't ask)*

1. Pucca (both wall and roof made of pucca material)
2. Pucca-Kutchha (Either wall or roof is made of pucca material and other of kutchha material)
3. Kutchha/Mud houses (both wall and roof are made of kutchha material)
4. Hut (both wall and roof made of grass, leaves, un-burnt brick or bamboo)
99. NA.

Z9. What is the total number of family members living in your house? *(If more than 9, Code 9)*

- a. Above 18 years: _____
- b. Below 18 years: _____

Z10. Do you or members of your household have the following?

1. Yes **2. No**

- a. Car/Jeep/Van
- b. Scooter/Motorcycle/Moped
- c. Air conditioner
- d. Washing machine
- e. Microwave
- f. Fridge
- g. Fan/Cooler
- h. TV
- i. LPG gas
- j. Inverter/generator for power backup
- k. Toilet in the house
- l. Pumping Set *(If option 1 in F4)*
- m. Tractor *(If option 1 in F4)*
- n. Computer/laptop

Z11. What's your monthly household income after putting together the income of all members? *(First note down the response in the space given below and then click on the right/most suitable option from the menu provided)* _____

01. Upto 1,000
02. 1,001 to 2,000
03. 2,001 to 3,000
04. 3,001 to 5,000
05. 5,001 to 7,500
06. 7,501 to 10,000
07. 10,001 to 15,000
08. 15,001 to 20,000
09. 20,001 to 30,000
10. 30,001 to 50,000
11. Over 50,000
98. No answer

Z12. Mobile/Telephone number of the respondent _____
(If phone number is not specified, type 0 ten times '0000000000')

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GPS Location _____